

Areas To Consider For Development In Becoming More Effective:

- Exploring alternatives and the bigger picture.
- Following gut feelings or valuing those that use gut feelings in their decision making process.
- Remembering to give positive praise.
- Letting your hair down in social situations.
- Developing a larger social network and sharing more of yourself.
- Sharing empathy and warmth with others.
- Being aware of your need to make a quick decision and postponing it, just for while.
- Sharing your feelings with others.
- Avoiding the need to prove you are right, just sometimes.
- Being more open to change.

Which of the above would you like to focus on first?
How will you know when you have developed in this area?
Who do you know that does this well?
Start small - what activities could you do to promote development in your chosen area?

Before You Consider Any Personal Development You May Like To Consider The Following:

Which parts of the ISTJ personality description are particularly true for you?

- What are your strengths as an ISTJ?
- Which parts of the ENFP personality description do you find particularly unlike you?
- Have you sought any feedback from others?
- How important it is for you to develop some of the areas suggested?
- What specifically is your goal?
- What support do you need for this development?
- What challenges might you face on your development journey?



Function Order

I

Dominant Function
Introverted Sensing

S

Auxiliary Function
Extraverted Thinking

T

Tertiary Function
Feeling

J

Inferior Function
Extraverted iNtuition