

## Areas To Consider For Development In Becoming More Effective:

- Putting your needs in front of others - being comfortable with saying no.
- Trusting & making logical decisions which go against your personal values.
- Valuing conceptual ideas, theories and concepts.
- Exploring your creative side - art, science etc.
- Considering the bigger picture and alternatives to your decisions.
- Being open and flexible to change.
- Sharing your need for validation and positive feedback before you feel unappreciated.
- Taking more time for yourself.
- Being more assertive and not take criticism personally.

*Which of the above would you like to focus on first?*

*How will you know when you have developed in this area?*

*Who do you know that does this well?*

*Start small - what activities could you do to promote development in your chosen area?*

## Before You Consider Any Personal Development You May Like To Consider The Following:

Which parts of the ISFJ personality description are particularly true for you?

- What are your strengths as an ISFJ?
- Which parts of the ENTP personality description do you find particularly unlike you?
- Have you sought any feedback from others?
- How important it is for you to develop some of the areas suggested?
- What specifically is your goal?
- What support do you need for this development?
- What challenges might you face on your development journey?



### Function Order

I

**Dominant Function**  
Introverted Sensing

S

**Auxiliary Function**  
Extraverted Feeling

F

**Tertiary Function**  
Thinking

J

**Inferior Function**  
Extraverted Intuition

fold

fold

