

Areas To Consider For Development In Becoming More Effective:

- Being more flexible in work with others and within larger teams.
- Taking time out to look after yourself.
- Being more realistic and practical with your ideals.
- Exploring ways of sharing your thoughts and feelings more easily with others.
- Recognising that conflict is inevitable and finding ways to appreciate it.
- Accepting other's points of views when they are not in line with your values.
- Using hard facts and data in your decision making process.
- Exploring ways of turning your great visions into reality.
- Enjoying external sensory experiences.

Which of the above would you like to focus on first?
How will you know when you have developed in this area?
Who do you know that does this well?
Start small - what activities could you do to promote development in your chosen area?

Before You Consider Any Personal Development You May Like To Consider The Following:

Which parts of the INFJ personality description are particularly true for you?

- What are your strengths as an INFJ?
- Which parts of the ESTP personality description do you find particularly unlike you?
- Have you sought any feedback from others?
- How important it is for you to develop some of the areas suggested?
- What specifically is your goal?
- What support do you need for this development?
- What challenges might you face on your development journey?



Function Order

I

Dominant Function
Introverted Intuition

N

Auxiliary Function
Extraverted Feeling

F

Tertiary Function
Thinking

J

Inferior Function
Extraverted Sensing