

Areas To Consider For Development In Becoming More Effective:

- Recognising the importance of planning, scheduling and prioritising.
- Being more aware of the impacts of your decisions and actions on other's feelings.
- Considering alternatives and the bigger picture when making important decisions.
- Developing more patience with others who do not work as fast as you.
- Remembering those all important dates - anniversaries, birthdays etc.
- Being more aware than not everyone enjoys your thirst for adventure.
- Developing your ability to finish and complete to compliment your ability to start.
- Making more decisions and keeping to them.
- Including emotions in your decisions making as well as logic.

Which of the above would you like to focus on first?

How will you know when you have developed in this area?

Who do you know that does this well?

Start small - what activities could you do to promote development in your chosen area?

Before You Consider Any Personal Development You May Like To Consider The Following:

Which parts of the ESTP personality description are particularly true for you?

- What are your strengths as an ESTP?
- Which parts of the INFJ personality description do you find particularly unlike you?
- Have you sought any feedback from others?
- How important it is for you to develop some of the areas suggested?
- What specifically is your goal?
- What support do you need for this development?
- What challenges might you face on your development journey?



E

Function Order

Dominant Function
Extraverted Sensing

S

Auxiliary Function
Introverted Thinking

T

Tertiary Function
Feeling

P

Inferior Function
Introverted Intuition

fold

fold